

15-Minute (Or Less!) Decluttering Tasks

KITCHEN & PANTRY

- Cups, glasses, and mugs
- Dinner plates
- Salad plates
- Bowls
- Serving pieces
- Silverware
- Serving utensils
- Knives
- Kitchen gadgets
- Small appliances
- Pots and pans
- Cutting boards
- Baking pans
- Baking dishes
- Cooling racks
- Mixing bowls
- Colanders
- Tupperware
- Oven mitts
- Dish towels and dish rags
- Plastic bags, foil, wax paper, plastic wrap, etc.
- Condiments
- Drinks
- Leftovers
- Other food in refrigerator
- Frozen meat
- Frozen fruits and vegetables
- Frozen pizza/convenience foods
- Frozen desserts
- Other food in the freezer
- Spices
- Baking ingredients
- Pastas
- Cereals
- Snack foods
- Other pantry items
- Lunch boxes
- Cookbooks
- Cleaning products
- Junk drawer
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DINING ROOM

- Tablecloths and runners
- Napkins
- Napkin rings
- China/dishes
- Cups, glasses, and mugs
- Flatware
- Chargers
- Serving pieces
- Trivets
- Party supplies

- Candles
- Candle holders
- Centerpieces
- Tchotchkes
- Paperwork
- Writing utensils

- Office supplies
- Electronics
- Food
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LIVING ROOM

- Movies
- Music
- Books
- Magazines
- Photo albums/scrapbooks
- Video games
- Video game accessories
- Other electronics
- Chargers for electronics
- Extra remotes
- Coffee table drawer

- End table drawer
- Coasters
- Tchotchkes
- Plants
- Art/wall decor
- Photos (one box/album)
- Pillows
- Throw blankets
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ENTRY/MUDROOM

- Coats and jackets
- Snow pants
- Hats
- Gloves
- Scarves
- Shoes
- Bookbags
- Purses
- Briefcases
- Athletic gear
- Umbrellas

- Keys
- Pet accessories
- Toys
- Craft supplies
- Cleaning products
- Paperwork
- Electronics
- Chargers for electronics
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OFFICE

- Tablets, notebooks, and other writing surfaces
- Writing utensils
- Tape and adhesives
- Staplers and staples
- Scissors and other sharps
- Paper clips and binder clips
- Rubberbands
- Post-its and sticky tabs
- Other office supplies
- Paint
- Paint brushes
- Stickers
- Other craft supplies by type
- Books
- Magazines
- Newspapers
- Binders
- Tabbed dividers
- Folders
- Electronics
- Chargers for electronics
- Cords and cables

- Printer supplies
- Tchotchkes
- Picture frames
- Art and wall decor
- Greeting cards
- Wrapping paper
- Gift tags
- Bows and ribbon
- Other gift wrap supplies

Note: Paperwork is usually a big category and may have to be done in multiple 15 minute sessions.

- Receipts
- Coupons
- Manuals
- Medical paperwork
- Financial forms
- Kids' paperwork
- Other paperwork
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BEDROOM

- Nightstand drawer
- Nightstand surface
- Books
- Magazines

- Papers
- T-shirts
- Long sleeved t-shirts
- Tank tops

- Sweaters
- Sweatshirts
- Blouses and other tops
- Jackets and blazers
- Suits
- Skirts
- Dresses
- Jeans
- Other pants
- Workout clothes
- Pajamas
- Undergarments
- Socks and tights
- Shoes
- Purses
- Other bags

- Belts
- Jewelry
- Other accessories
- Hair accessories
- Makeup
- Pillows
- Extra bedding
- Throw blankets
- Tchotchkes
- Frames and art
- Electronics
- Chargers
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CHILD'S BEDROOM

- Nightstand drawer
- Nightstand surface
- Books
- Magazines
- Papers
- T-shirts
- Long sleeved t-shirts
- Tank tops
- Sweaters
- Sweatshirts
- Blouses and other tops
- Jackets and blazers
- Suits
- Skirts
- Dresses

- Jeans
- Other pants
- Workout clothes
- Pajamas
- Undergarments
- Socks and tights
- Shoes
- Purses
- Bookbags
- Other bags
- Belts
- Jewelry
- Other accessories
- Hair accessories
- Makeup

- Pillows
- Extra bedding
- Throw blankets
- Tchotchkes
- Electronics
- Chargers

- Toys
- Art supplies
- Posters and pictures
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PLAYROOM

- Balls, pucks, and frisbees
- Bats, sticks, and gloves
- Other sports equipment
- Board games
- Playing cards
- Trading cards
- Dolls
- Stuffed animals
- Action figures
- LEGO
- Blocks
- Other building toys
- Cars, planes, and travel toys
- Doll houses
- Toy buildings
- Music and instruments
- Dress up clothes

- Props for make believe
- Play food
- Art supplies
- Nerf guns
- Action toys
- Bikes and scooters
- Roller blades
- Ice skates
- Outdoor toys
- Video games
- Gaming accessories
- Electronics
- Chargers
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BATHROOM & LINEN CLOSET

- Brushes and combs
- Hair accessories
- Hair products
- Hair appliances
- Toothbrushes and toothpaste
- Other dental care items
- Razors and shaving accessories
- Nail polish
- Nail files and clippers
- Other mani/pedi supplies
- Makeup
- Feminine products
- Travel toiletries
- Cosmetic bags
- Other travel items
- Soaps
- Lotions
- Skin care items
- Sunscreen
- Bug spray
- Glasses and contacts supplies
- Other toiletries
- Medications
- Band-aids
- Other medical items
- Toilet paper
- Wipes
- Cleaning supplies
- Robes
- Bath towels
- Beach towels
- Hand towels
- Washcloths
- Sheets
- Pillowcases
- Other bedding
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LAUNDRY ROOM

- Detergent and fabric softener
- Stain removers
- Dryer sheets/balls
- Sponges and rags
- Cleaning supplies
- Paper towels and toilet paper
- Light bulbs
- Filters
- Hangers
- Laundry baskets
- Clothes pins
- Ironing accessories
- Bath towels
- Beach towels
- Hand towels
- Washcloths

- Sheets
- Pillowcases
- Other bedding
- Loose change

GARAGE/SHED

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| <ul style="list-style-type: none"> <input type="checkbox"/> Shovels <input type="checkbox"/> Rakes <input type="checkbox"/> Lawnmowers <input type="checkbox"/> Weed trimmers <input type="checkbox"/> Gardening tools <input type="checkbox"/> Fertilizers <input type="checkbox"/> Other lawn care items <input type="checkbox"/> Potting soil <input type="checkbox"/> Plant pots <input type="checkbox"/> Sports equipment <input type="checkbox"/> Bikes <input type="checkbox"/> Helmets and accessories <input type="checkbox"/> Hand tools <input type="checkbox"/> Power tools <input type="checkbox"/> Screws and nails <input type="checkbox"/> Scrap wood <input type="checkbox"/> Other building materials <input type="checkbox"/> Ladders <input type="checkbox"/> Garbage cans <input type="checkbox"/> Cleaning supplies <input type="checkbox"/> Shoes and boots | <ul style="list-style-type: none"> <input type="checkbox"/> Lawn/beach chairs <input type="checkbox"/> Lawn games <input type="checkbox"/> Hoses <input type="checkbox"/> Car care items <input type="checkbox"/> Car accessories <input type="checkbox"/> Paint <input type="checkbox"/> Paint brushes/rollers <input type="checkbox"/> Other painting items <input type="checkbox"/> Coolers <input type="checkbox"/> Camping supplies <input type="checkbox"/> Coats and outerwear <input type="checkbox"/> Clothing <input type="checkbox"/> Car seats <input type="checkbox"/> Other baby gear <input type="checkbox"/> Extra bins and boxes <input type="checkbox"/> Holiday decor bin <input type="checkbox"/> Mementos bin <input type="checkbox"/> Paperwork <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
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BASEMENT/ATTIC

- Holiday decor bin
- Decorative accessories bin
- Photos (one box or album)
- Mementos bin
- Sports equipment bin
- Camping equipment
- Hand tools
- Power tools
- Screws and nails
- Scrap wood
- Building materials
- Paint
- Paint brushes/rollers
- Other painting items
- Clothing
- Shoes
- Furniture
- Supplies for hobbies
- Electronics
- Luggage
- Lawn/beach chairs
- Beach accessories
- Gardening equipment
- Extra bins, bags, and boxes
- Toys
- Games
- Cleaning supplies
- Rags and sponges
- Craft supplies
- Fabric/sewing items
- Gift wrap supplies
- Office supplies
- Books
- Magazines
- Paperwork
- Cords and cables
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